

Lunch Menu

Starter

Soup of the Day - €4.25 (1, 2, 4)

freshly prepared soup of the day, served with soda bread, ask server for details

Spicy Wings - €6.45 (1, 2, 4)

Tossed in chefs' secret sauce, served with blue cheese sauce dip

Ham & Cheese Quiche - €7.25 (2, 4, 5)

Served with fresh salad

Goat Cheese Quiche - €7.45 (2, 4, 5)

Tomato & basil served with fresh salad

Salads

Smoked Salmon Avocado salad with pouched eggs - €8.95 (5,7)

Tomato rocket salad & spinach

Prawn Salad - €8.95 (2,5,6)

Toasted prawns, cherry tomato & Thousand island dressing

Warm Goat Cheese Salad- €8.95 (2)

Cherry tomato / red onion / dry cranberry / sweet potato

Classic Caesar Salad-8.00

/ add chicken - €2.50 / add prawns - €3 (1, 2)

Baby gem / bacon / parmesan cheese / croutons / topped with a Cesar dressing

Super Food Salad - €8.45

Avocado / baby spinach / cherry tomato / French beans / baby mix leaves / black olives / shredded carrot

Chef's choice

Seared Irish Prime Beef Burger - €13.50 (1, 2)

Topped with Dubliner cheddar cheese, crispy bacon & sautéed onion, served on a brioche bun with fries & tossed greens

Fish & Chips - €13.50 (1, 2, 5)

Served with mushy peas & tartar sauce

Beef Lasagne - €12.00 (1, 2, 4)

Homemade beef lasagne served with béchamel

Grilled Chicken Fillet €13.00

Stir fry veg & Boiled potato

Number references for allergens:

1. Wheaten, 2. Milk/Dairy, 3. Mustard, 4. Celery, 5 Eggs, 6. Crustacean, 7. Fish, 8. Nuts, 9. Peanuts, 10. Molluscs,

11. Soybeans, 12. Sesame, 13. Sulphur. 14. Lupin

Sandwiches & Wraps

Gourmet Ciabatta or Wrap - €9.00

- *Chicken pesto / sundry tomato / mozzarella cheese (1,2,5,8)*
- *Piri Piri chicken / chorizo / peppers / cheese (1,2)*
- *BLT - baby gem / bacon / tomato / mayo (1,2,5)*
- *Tuna, melted cheese (1,2,4,6)*

Turkey Club - €9.00 (2,5)

sliced turkey / bacon / boiled eggs / mayo / salad / red onion / tomato

Grilled Veg €9.00 (1, 2)

Chef mixed vegie toasted

(All sandwiches served with chips)

Make your own Sandwich on Fresh White or Brown Bread €7.50 (1)

Choose 3 items to make it your special way, ham / turkey / chicken / cheese / onion / tomato / cucumber / lettuce or bacon

Daily Special €9.00 Ask sever for details

12" Pizza's

Margherita pizza €10.50 (1,2)

Mozzarella Cheese, Tomato sauce & Basil

Pepperoni Pizza €13.00 (1,2)

Mozzarella Cheese, Tomato sauce & Spicy Salami

Vegetarian Pizza €11.50 (1,2)

Mozzarella cheese, Tomato sauce, goats' cheese, baby spinach & Onions

Italian Pizza €13.00 (1,2)

Mozzarella cheese, mushroom, Parma ham, rocket & parmesan cheese shavings

Osten Pizza €13.50 (1,2)

Mozzarella cheese, tomato sauce, chicken, ham & pepperoni

Side 3.95

Chips, Mash (2), Breadbasket (1), Market Veg, Onion Rings (1, 2),

Garlic Bread (1, 2) Mixed salad, Extra Item (€1.00 each)

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11. Soybeans, 12. Sesame, 13. Sulphur. 14. Lupin